

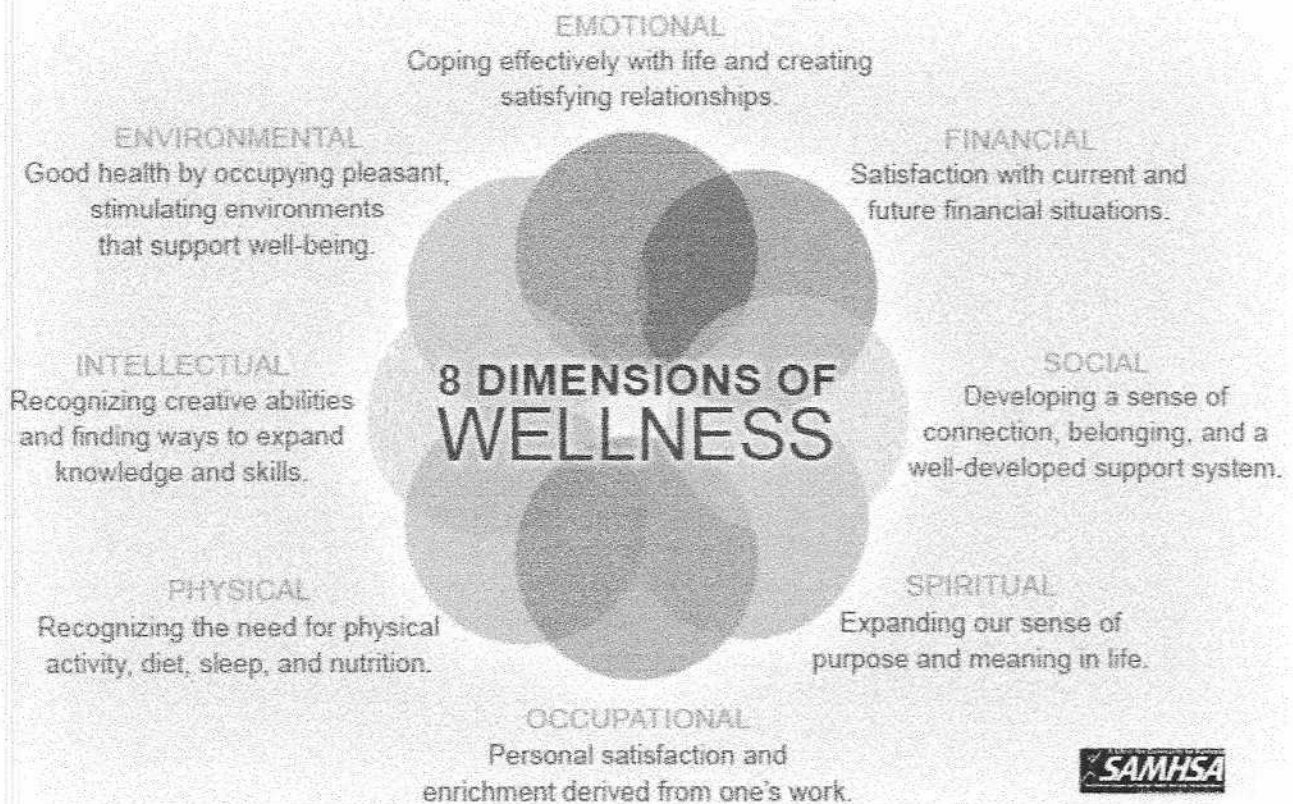


# BHD

MILWAUKEE COUNTY  
Behavioral  
Health  
Division

## Comprehensive Community Services (CCS) Basics

- CCS is a flexible option for individuals who are looking for extra support in their recovery journey
- Meeting times and schedules are not fixed and can be adjusted based on the individual's desires and needs (ex. We don't require people to see us "x" amount of times per week)
- CCS is a Medicaid benefit. Consumers need to have a full Medicaid benefit to potentially qualify
- CCS is one of the few programs that can work in conjunction with Family Care (Family Care focuses on physical needs and CCS focuses on recovery from Mental Health and Substance Abuse)
- The CCS network was designed to give consumers access to a wide range of services (many of which are not available via other programs) to help build skills and develop as many tools as possible to improve their quality of life and obtain personal goals
- Individuals can select from as many services and providers they want.
- CCS is a voluntary program, meaning if someone doesn't want to be in it, all they need to do is let their care coordinator know and the CC can disenroll them easily. Individuals can always reapply (if they meet eligibility and decide they want to be in the program in the future)





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## Examples of services available via the CCS network:

Personal Trainer services

Nutrition Consultants

Yoga/Meditation/Tai Chi

Art Therapy

Float Therapy/Guided Meditation

Equine Therapy (horse therapy)/

Animal Assisted Therapy

Therapy (In-Home and Clinic based)

Substance Abuse Tx (In-Home and Clinic based)

MD and APNP prescriber services for medication management

Supported Employment and Education specialists

Housing specialists

Parenting Coaches

Ready access to Diagnostic Evaluations for Eating Disorders, Neuropsych Evaluations, and additional testing to clarify diagnoses (testing related to autism, intellectual and learning disabilities not available)

Peer Support- Individuals who have experience with living with a mental health or substance use condition (or both)

Use of Gardening and Horticultural in Wellness and Recovery

Spiritual Care and Reconnection

Specialists who can support individuals in applying for Social Security (and other benefits) and navigating the process

Trauma programming (individual and group)

Pharmacists and RNs to support education and skill building in both taking medications and managing physical health conditions (in-home and agency based)

Specialized programming designed to help individuals address hoarding behaviors (Coming Soon)

Music Therapy

Dance and Movement Therapy

Healthy Cooking Groups